

# Your Good Team Building day

## Date

Wednesday 22<sup>nd</sup> April 2026

## Timings

**9:30am:** Arrival at Rockwell Centre

**9:45am:** Health & Safety Briefing

**9:50am:** Activities Begin

**12:30pm:** Lunch

**1:00pm:** Return from Lunch & Afternoon Brief

**1:10pm:** Activities Resume

**3:30pm:** Begin Clear-Up

**4:00pm:** GTB Day Completed

*Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.*

## Location

Venue: The Rockwell Centre

Address: 6 Summerfield Rd, Bradford BD10 8DP

What3Words: [///index.repay.cities](https://www.what3words.com/#!/index.repay.cities)

Parking: There is a small car park available, with on street parking available. Please be mindful of local residents driveways and we do encourage car sharing.

## Refreshments & Lunch

Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.

Lunch: Please arrange this internally with the Vanquis Olive Canteen

## What to Wear

Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

## Health & Safety

Risk Assessment: A detailed risk assessment can be downloaded from the project page

Please ensure you follow all safety guidelines provided by the Project Facilitator.

## Contact Information

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**We Look Forward to Seeing You There!**