

Sowing Seeds Wellbeing

Organisation details

Sowing Seeds Wellbeing is a registered CIC and part of Sowing Seeds Tuition- a service that offers out-of-hours tuition and wellbeing workshops to young people. They take a personalised approach and create bespoke plans for each young person they work with. Sowing Seeds Wellbeing combines with the tuition service so that users are supported with their mental health alongside their education. They offer a range of wellbeing workshops which are all delivered by experienced wellbeing coaches and youth mental health first aid workers.

Project Details

Legal Support

The organisation is currently in the process of taking on a new building to support young people with additional needs through activities, skills and education development. The landlord is keen to have them sign a pre-lease and has sent a draft lease to be reviewed which will be ready to sign once planning has passed.

They would like a legal professional to take a look at the draft lease to assess for anything in particular that should be noted, legal or financial implications, potential risks, difficult obligations etc. Support needed:

- Review of draft lease from landlord for potential new premises

Number of volunteers

We are open to working with a wide range of volunteers who are able to help us with the project above.

AOB

The link to Sowing Seeds Wellbeing's website is pasted below:

<https://sowingseedstuition.co.uk/wellbeing/>

The link to their Facebook page is pasted below:

<https://www.facebook.com/Sowingseedstuition/>

Contact

Saffiyah Skinner - Business Volunteer Co-ordinator:
saffiyah@participateprojects.org.uk