

Your Good Team Building day

 **Date**
TBC

Timings

9:30am: Arrival at Battle Scars
9:45am: Health & Safety Briefing
9:55am: Activities Begin
12:30pm: Lunch
1:00pm: Return from Lunch & Afternoon Brief
1:10pm: Activities Resume
3:30pm: Begin Clear-Up
4:00pm: GTB Day Completed

Please note: These timings are a guide. We encourage regular breaks throughout the day, as the activities can be physically demanding but highly rewarding. If you have individual commitments (e.g., childcare) and need to leave the site early, please inform the Project Facilitator on the day. This is essential for health and safety and to manage project progress effectively.

Location

 Venue: Onward House Mental Health Hub
 Address: Millshaw Park Way, Leeds, LS11 0LS
 What3Words: ///farmer.global.plot
 Parking: There is free onsite parking available. We do encourage car sharing.

Refreshments & Lunch

 Refreshments: Tea, coffee, and general refreshments will be provided by the host organisation.
 Lunch: You are welcome to bring a packed lunch or order from the onsite cafe

What to Wear

 Clothing: Wear old, robust clothing that you don't mind getting paint on. Paint overalls will be provided, but they do not guarantee protection against all stains. Personal protective equipment (PPE), including latex-free gloves, will be provided where necessary.

Health & Safety

 Risk Assessment: A detailed risk assessment can be downloaded
Please ensure you follow all safety guidelines provided by the Project Facilitator.

Contact Information

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Thank you for joining us for this Good Team Building Day. Your participation will make a real difference, and we can't wait to share this rewarding experience with you.